

# WELCOME TO MONTEREY MUSIC!

Monterey Music Includes Band 6-8, Jazz 7-8, Choir 6-8, and Strings 6-8 so there is something for everyone!



Monterey music is designed for **everyone** to find a place for them, regardless of physical abilities, musical abilities, financial considerations, and previous musical knowledge and experience.

The schedule is made so students can be in one group, a combination of groups, or all four! (Yes, some are in all 4!)

# MUSIC @ MONTEREY

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# WHY MUSIC?



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## 6 KEY BENEFITS OF MUSIC



### 1. BUILDS CONFIDENCE

The first few weeks to months can be a bit of a struggle, but finding the grit to continue on and improve is not just key to learning an instrument but can also be key to building confidence. Musicians learn to appreciate praise and improvement over time, but also learn how to accept gentle criticism and feedback necessary to make progress which is required for success in many non-musical parts of life.

### 2. BOLSTERS BRAIN POWER



Did you know Albert Einstein was a master violinist who began playing violin when he was 6? He revolutionized the way humanity views space and time before he turned 30! Scientists believe his devotion to music afforded him a connectivity between the two hemispheres of the brain (creativity and logic) which allowed his brilliance to flourish.

Studies have shown that music lessons improve memory and literacy, improve blood flow, connect different parts of the brain, and create continued brain plasticity throughout life!

Statistics also draw a concrete line between musical participation and academic achievement.

Source: <https://www.musical-u.com/learn/6-benefits-of-music-lessons-for-kids/>

# WHY MUSIC?



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## 6 BENEFITS CONTINUED...

### 3. BOOSTS SOCIAL SKILLS



Research shows children involved in music have improved social cohesion with their classmates, as well as easier adjustment and positive attitudes. Group learning music fosters greater trust and cooperation while also alleviating boredom, loneliness and tension. Playing music acts as a mood regulator while at the same time fosters a sense of community and belonging.

### 4. CULTIVATES PATIENCE AND DISCIPLINE



Never before in history has a lack of patience and discipline been more conspicuous than in the age of smartphones, social media, and constant interconnectedness. Kids are already naturally afflicted with a desire for instant gratification and now, with the world literally at their fingertips, this desire has grown from a small annoyance to a beast.

Fortunately, there are **no shortcuts to playing a musical instrument**. It takes a lot of time and effort to become competent. The process itself teaches patience and discipline.

Source: <https://www.musical-u.com/learn/6-benefits-of-music-lessons-for-kids/>

# WHY MUSIC?



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## 6 BENEFITS CONTINUED...

### 5. ENCOURAGES CREATIVE SELF - EXPRESSION



An obvious benefit, music allows children to find their creativity and allows them an avenue to express it outwardly. The direction creativity takes is limited only by the desire and devotion of the student. Music becomes an avenue to finding their agency and voice no matter their path through life.

### 6. IMPROVES MEMORY



Music improves memory. Learning music requires students to remember an impressive amount of information, whether it be where certain notes are located on their instrument, the notation and language surrounding music (it's 100% it's own language), or the timing required to play their favourite music. Music requires the brain to expand its capacity for memory of all kinds. In other words - a child's memory expands to accommodate the music they're learning and this expansion applies to other content, such as things learned in class and texts.

Source: <https://www.musical-u.com/learn/6-benefits-of-music-lessons-for-kids/>

# CHOIR!



Choir is combined grade 6 to 8 and meets extra-curricularly (all classes are outside of the timetable)

We sing a diverse repertoire of music from current top 40, to class hits of the past decades, to traditional choir music, to world music (oftentimes in other languages).

Particularly great for grade 6's as choir is something fun and familiar if they were in choir in elementary school. It's comfortable after so much change with the new school.

Available to all students whether it's their first time singing all the way to the seasoned singer with vocal lessons.

Some pieces have the ability to showcase students as soloists, duos, or trios.

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# STRINGS!



There are two strings groups - Junior Strings and Senior Strings. Junior Strings is mostly made up of Grade 6 and beginner string players, Senior Strings is made up of Grade 7 and 8's, as well as the occasional advanced Grade 6 player who has had 2+ years of private lessons.

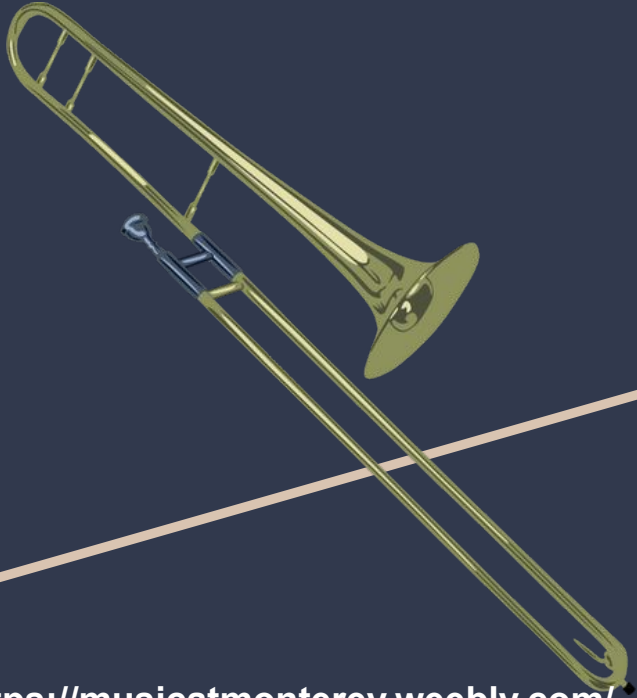
This is another great option for Grade 6's who are looking for something familiar at Middle School level as they began strings in Grade 5.

We play a variety of repertoire, from current orchestral music, to pop music and movie themes to the classics like Beethoven and Bach.

COVID - Students must have their own instrument, music, and books. There are no shared resources right now.

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# BAND!



Band is most likely 100% brand new for grade 6's and is an exciting new music option at Monterey.

Students in Grade 6 can choose from:

FLUTE, CLARINET, ALTO SAXOPHONE, TENOR SAXOPHONE, TRUMPET, TROMBONE, and BARITONE

I don't start drummers/percussionists until after Winter Break as I like them to develop instrumental skills and music reading ability that tend to be ignored when they begin in September. Percussionists are chosen based on their in-class behaviour and ability leading up to the winter break.

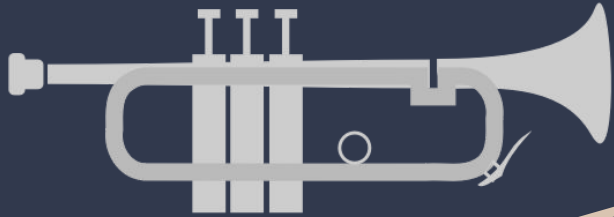
COVID - Students must have their own instrument, music, and books. There are no shared resources right now.

For more info on Band Instruments - See Band 6 Instruments PDF

<https://musicatmonterey.weebly.com/>



# JAZZ BAND!



Jazz Band is offered to Band 7 and 8 students as an additional enrichment option. They **must** be in the regular band program to participate in jazz band.

While modern jazz bands don't traditionally have flutes, clarinets, or baritones - **all band instruments are welcome in Monterey Jazz Band**

Some students may choose this opportunity to try a second instrument. Instruments for Jazz Band include:

Saxophone   Trombone   Trumpet   Piano  
Guitar   Bass   Drum Kit

This is the only ensemble that has piano, guitar, and drum kit in it

# COVID SAFETY



Student cohorts will be physically distanced 2M apart in the room

Each student must have their own supplies, there will be no sharing of instruments, supplies, or music

Hand washing must happen before and after music class

Instrument repairs will only be done outside of class time. Students must make do however they can if an instrument stops working in class until it can be fixed.

Brass players must empty spit valves at sink into running water, or on a puppy pee pad that they immediately dispose of at the end of class

Brass players who take their valves out during class will be asked to put their instruments away for the rest of class

Wind instruments should purchase bell covers

<https://musicatmonterey.weebly.com/>

# COVID SAFETY



**SAFETY  
ZONE**

Instruments should be set up and taken apart over the open cases to prevent any fluids from falling on the ground or chairs

Chairs will be sprayed with disinfectant between groups

Students who are sick should stay home and not attend music classes

The teacher must stay distanced from the music groups by 2M at all times (behind plexiglass divider)

Live performances will not be happening while in the current Phase of Covid. Instead, class groups will be recorded performing only within their class groups, not combined, and put online for parents, family, and friends to view safely.

# MUSIC

A mind-altering noise with the potential to induce joy, happiness, memories, bliss, merriment, and mirth.



**Ask your doctor if  
music is right for you.**

Common side effects may include uncontrolled toe-tapping, swaying side-to-side, smiling, off-key singing, a lack of volume control, finger snapping, and dancing.

